

Creation Restoration Packing List

- T-shirts (immodest clothing or inappropriate graphics is not appropriate).
- Shorts (no short-shorts).
- Sweater/ jacket for cool evenings.
- Old, warm clothes for caving and old shoes (both may get ruined and very muddy). Bring these even if you are not planning to cave.
- Socks, underwear (enough for the entire week).
- Modest swimsuit (swimming may or may not be available).
- Footwear is required for swimming (unless in a pool). Flip-flops are not enough. Use sandals with a heel strap or old sneakers.
- At least 1 pair of tennis shoes or hiking boots (broken in). (Keep in mind shoes for swimming may get wet.)
- Raingear: poncho or jacket (plan for rain).
- Personal toiletries (toothbrush, soap, shampoo, deodorant, etc.)
- Flashlight or headlamp with 2 sets of batteries.
- Water bottle (at least 2 liters total).
- Bug spray & sunscreen.
- Sleeping bag & pillow, ground pad (air mattresses are not ideal - too big).
- Bible, notebook and pen (in a Ziploc bag).
- Large and small plastic bags for dirty clothes & protecting gear from rain (backpack cover).
- Any necessary medications (with a MD's note).
- Backpacks
 - Overnight Hikers: you will need a large framed backpack with a hip-belt. See your Group Leader if you don't have one. ASM has some available.
 - Day Hikers: Day Pack is needed; you could share with a friend.



DON'T BRING:

- Valuables (your gear will be stored in tents or vehicles).
- Laptops, tablets, cell phones, watches, etc. (as discussed with your group leader.)
- Your favorite clothing (They will get dirty, torn, and most likely ruined!)
- Alcohol/drugs, firearms, pocketknives with a blade over 3 inches long.

***Community gear is provided by AdventureServe like tents, cooking equipment, general camping gear, food, etc.**

Be Responsible!

* At AdventureServe, you will be responsible for keeping track of your own stuff. AdventureServe Ministries is not responsible for any lost, damaged, or stolen items.

* Any personal gear/equipment requiring special knowledge for use must be stored away from other participants.

***You may be packing and unpacking several times through the week, so don't bring lots of "stuff," and make sure you have a bag that is quick and easy to pack/unpack.**