

Mystery Trip Packing List

- T-shirts (immodest clothing or inappropriate graphics are not appropriate).
- Shorts (no short-shorts).
- Sweater, jacket or fleece and pants for cool evenings.
- At least one pair of long pants
- One set of old clothes (long sleeves and long pants) and old shoes (which may get ruined).
- Socks, underwear (enough for the entire week).
- Modest swimsuit (Swimming may or may not be available).
- Footwear is required for swimming (unless in a pool). Flip-flops are not enough. Use sandals or old sneakers.
- At least 1 pair of tennis shoes or boots.
- Shoes and/or sandals for around camp.
- Hat
- Raingear: poncho or jacket (plan for rain).
- Personal toiletries (toothbrush, soap, shampoo, deodorant, etc.).
- Towel & washcloth.
- Flashlight or headlamp with 2 sets of batteries.
- Reusable water bottle.
- Bug spray & sunscreen.
- Sleeping bag & pillow, ground pad (air mattresses are not ideal - too big).
- A small folding camp chair (if your group has room to pack them).
- Bible, notebook and pen (in a Ziploc bag is a good idea).
- Large and small plastic bags for dirty clothes & protecting gear from rain.
- Lifeguard card (if you are one, you can't lifeguard without it).
- Any necessary medications.
- A small daypack or bag to keep your daily items with you.
- Camera if you want to take pictures.
- Musical Instrument (i.e. guitar, drum).
- Be sure to bring enough clothes for the entire week and the trip home!!!



DON'T BRING:

Valuables (your gear will be stored in tents or vehicles).

- Cell phones, TV's, stereos, CD players, video games, etc.
- Your favorite clothing (will get dirty, torn, and most likely ruined).
- Junk food.
- Alcohol or drugs, firearms, pocketknife with blade over 2 inches long.
- Animals/Pets.

Be Responsible!

- * At ASM, you will be responsible for keeping track of your own stuff. ASM is not responsible for any lost, damaged, or stolen items.
- * Any personal gear/equipment requiring special knowledge for use must be stored away from other participants.

*Community gear is provided by AdventureServe like tents, cooking equipment, general camping gear, food, etc.

***You may be packing and unpacking several times through the week, so don't bring lots of "stuff," and make sure you have a bag that is quick and easy to pack/unpack.**



What to Expect on Your Mystery Trip Mission

- Expect the unexpected.
- It probably will rain on you at some point in time, so come with extra clothes. We will make the best of it!
- You will be sleeping 4-5 to a tent for the whole week.
- You will be in a small group rotating responsibilities (cooking, cleaning, leading worship, etc.)
- Swimming may or may not be available.
- Showers and restrooms are usually available during the week.
- You will face challenges physically, spiritually, mentally, and emotionally.
- Your group will have to work together as a team.
- You will know the members of your group very well by the end of the week.
- You will probably do something you've never done before.
- God will push you out side of your comfort zone.
- You will impact someone's life.
- You will be tired by the end of the week.

A Sample Daily Schedule

7:00 A.M.	Rise & Shine
7:15 A.M.	Breakfast
7:45 A.M.	Pack lunch if needed
8:15 A.M.	Seed Thought
9:00 A.M.	Creation Restoration or Wilderness Activity
12:00 P.M.	Lunch
1:00 P.M.	More Activity
4:30 P.M.	Possible free time
6:00 P.M.	Dinner
7:00 P.M.	Free time/Leaders meeting
8:00 P.M.	Processing of the day
9:00 P.M.	Worship
10:00 P.M.	Quiet hours begin

Do Not Expect

- To keep in contact with friends and family at home via phone or Facebook
- To do the same thing everyday
- The entire trip to be evangelistic
- To build or remodel a house
- To encounter third world poverty
- To have a lot of free time

Top Ten Things You will Give up While At Adventure Serve

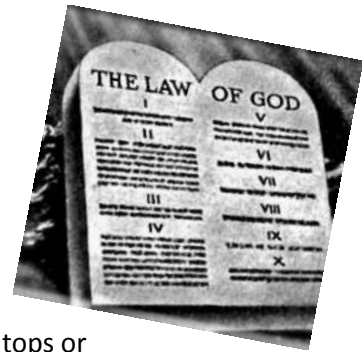
1. The comforts of home. Participants, leaders, and staff will be staying at a state park. You will be staying in tents that have few "creature comforts."
2. Your private shower & bathroom. The bathrooms and showers are also used by others, so please be very clean. Please be courteous of others and their needs.
3. Your nice soft bed. Everybody sleeps on the ground. It is good to bring a sleeping pad (therm-a-rest, ridge-rest, etc.) and a sleeping bag. These add a bit of comfort.
4. Your time. The schedule can be very busy. Free time is scheduled, but often it does not seem like enough!
5. Mom to fix your meals for you. Will we starve without Mom around? Your group will be split up into small groups, which will each be responsible for specific tasks. These tasks include: cooking, cleaning up, preparing and leading worship services, etc. Each small group will get an opportunity to cook. The food is tasty and we try to avoid less- healthy foods like "junk food" or "sodas." Ideally one adult will be in each group.
6. The indoors. It is impossible to guarantee what the weather will be like, but we will make the best of the weather we get. Be prepared for cool evening temperatures and for possible rain showers.
7. Boredom. At ADVENTURESERVE MINISTRIES we do exciting activities. We teach rock climbing, rappelling, cave exploration, and we also do white water rafting. These activities, and spending time with others in your group, will make this week long remembered!
8. Your comfort zone. We try to stretch groups and individuals to do things that are new and sometimes uncomfortable. This is when rapid growth occurs.
9. Being anonymous. We expect all group members to be active participants in the discussions and worships.
10. Pick the one worldly thing you think you can't live without. You can.



The Law of AdventureServe Ministries

Always:

- Stay within the defined camp boundaries. (Notify a leader if you need to leave)
- Wear shoes or sandals, even when swimming (unless in a pool) and rafting. Flip-flops are not enough. (Old sneakers work great)
- Be safe. (No horseplay, running near cliffs, etc.)
- Follow all specific safety procedures given by staff. (rock climbing, rappelling, caving, etc.)
- Follow all sanitary procedures for cooking and cleaning up meals.
- Wear clothing that is modest and will not offend anyone (i.e. crop tops or immodest clothing is not appropriate)
- Follow the instructions of the AdventureServe Ministries leader.



Never:

- Swim, unless there is a AdventureServe Ministries lifeguard on duty or have you have signed the Swimming Liability Release form and your Group Leader/adult leaders tell you it is ok to swim at this time with the group.
- Dive into any water (except a pool's deep end where diving is permitted).
- Use or possess alcohol or illegal drugs anywhere or anytime.
- Drive any AdventureServe Ministries vehicles.

Responsibilities & Requirements

Exhibit a Christ-Like Spirit

- Have a good attitude
- Be encouraging
- Enjoy other's achievements, not just your own

Keeping Yourself Safe

- Eating well
- Getting enough rest
- Being careful during high risk activities

Keeping Others Safe

- Don't be careless with equipment or tools
- Don't fool around with other's safety

Work

- Work hard with the tasks at hand
- Take initiative

Be a Team Player

- Looking out for others
- Serving each other
- Doing things as a group

Face the Challenges

- Push yourself
- Attempt even the tough activities

