



## General Group Experience Details

### Goods & Services

While your *Written Agreement* provides an exhaustive list of divisions of responsibility, this section exists to further inform you about *selected* general goods and services AdventureServe Ministries provides as a part of your missions experience. This list is limited to items we have found need for further clarification. You may wish to re-read your group *Written Agreement* for clarification of divisions of responsibility as it is important information that we will not duplicate here.

### Our Staff

Our staff is expected to follow high standards of conduct and to be proficient in many different areas. We have three and a half weeks of staff training at the beginning of each summer to train the staff in all of our policies, philosophy, and procedures.

Each staff member is:

- Over 18 years of age
- First Aid Certified
- AdventureServe Ministries certified
- A Christian (holding to the Apostle's Creed)

Each staff member has:

- Been interviewed and screened
- Leadership experience
- Passed written tests on our policies and procedures
- Passed proficiency tests in our procedures for:
  - Rock climbing (set up/ belay)
  - Rappelling
  - Caving



A minimum of two staff will reside with your group for the duration of your experience. They are trained for and expected to fulfill the following roles and responsibilities:

1. Provide adequate food and shelter.
2. Safety via AdventureServe Ministries standards.
3. Organize & facilitate program activities.
4. Unite with leaders.
5. Build relationships with your group.
6. Spiritually challenge the group.

Upon your arrival on Sunday evening, our staff will sit with your leadership team to further discuss your goals/objectives for the week and make sure everyone is on the same page regarding the week's activities. They will have been briefed by the member of our management team that has been handling your pre-trip



preparation and communication, but they may ask for further clarification on certain topics. Our goal is to support **YOUR** leadership team and **YOUR** agenda. Our staff are trained and prepared to lead all aspects of the experience or to let you retain ownership of as much as you would like (within our safety parameters). There are many options for "ownership of activities" detailed in this Packet and Packet Three (Packet Three is where you will make your decisions). Be prepared to further discuss these options with your staff upon your arrival.

*Your ongoing communication and partnership with these staff members will be critical in the success of your trip.* They are there to serve you and will accommodate any reasonable request you may have to the best of their abilities. If you are unhappy with something, these folks need to hear about it so they may rectify the situation. Our staff will ask you to a commit to a scheduled short leadership meeting each day that will be a great platform to discuss such issues. On behalf of our staff, we ask you to please not bury frustrations...place them on the discussion table where they can be dealt with either by our trip leaders or a member of our senior management team.

### Daily Schedule

The following is an outline of the "basic" daily schedule you will follow during the mission's portion of your trip. Times stated are to give you a rough idea of when and how things happen, not a concrete timeline. We will sometimes deviate from the schedule for certain activities like hiking, swimming, visiting scenic overlooks, finishing up a worksite on the last day of work, etc. Depending upon your choice of adventure activity, Friday's schedule may look drastically different. As the leader, feel free to talk to your AdventureServe Ministries staff about adjusting the schedule to match your objectives for the trip.

7:00 AM	Rise & shine
7:15 AM	Breakfast Pack vehicles and lunch
8:15 AM	Seed Thought (devotion& quiet time)
9:00 AM	Leave for daily activity Monday through Thursday—worksites Friday—adventure activity
12:30 PM	Lunch
5:00 PM	Arrive back at base camp
6:00 PM	Dinner
7:00 PM	Free Time/ Leaders Meeting
8:00 PM	Worship
9:00 PM	Processing of the day (Debriefing)
10:00 PM	Quiet Hours Begin



### Regarding Arrival Day

- *Make sure that your group has eaten prior to your arrival.*
- Meet your staff at your designated campground after 6 pm (EST) on Sunday. Let us know beforehand if you are planning to arrive after 7 pm (EST)—we would advise against this if possible.
- During the evening:
  - Introductions and campsite set up.
  - AdventureServe Ministries staff and group leaders meet to clarify the group's goals and objectives for the week, take care of any paperwork, break the group up into smaller chore teams, discuss the weekly schedule, etc.
  - Orientation meeting with your whole group. In this time, AdventureServe Ministries staff will introduce the some of the week's activities, goals, etc. They will also cover the policies that need to be followed for the week. This time will also be used to establish (or review) a group covenant (details to follow later in this section).
  - Bedtime.

### Regarding Departure Day

- Eat breakfast.
- Help the AdventureServe Ministries staff clean, inspect, and pack all equipment. This helps your AdventureServe Ministries staff and helps groups all summer by keeping gear in clean and usable shape. Your staff may begin the cleaning process with you earlier in the week.
- Pack up and leave by 8:00 AM on Saturday.

### Participant Insurance

As a courtesy service, AdventureServe Ministries provides each program participant with the following insurance:

- |                     |  |
|---------------------|--|
| Accident Insurance: | Up to \$3000 per person, per incident, for the duration of the experience. |
| Sudden Illness:     | Up to \$1000 per person, per incident, for the duration of the experience. |



Should a program participant require medical attention during their experience at AdventureServe Ministries, the above coverage will be primary, and an individual's personal policy will be secondary (assuming coverage limits are exceeded or an individual's condition stems from an ongoing or pre-existing condition). AdventureServe Ministries will not be liable for deviations from this policy or for medical costs incurred exceeding the above coverage limits.

### Camping Facilities

Groups that choose camping will be camping in State Parks, National Parks or privately owned campgrounds. Each facility is unique in its amenities and some are "plusher" than others. All campgrounds have at least one communal bathhouse with men's and women's facilities, including a limited number of showers that your group will share with others staying at the campground. Electricity and water are available at most sites, but not all. A pavilion is usually available for rain shelter in the immediate camping area or within a close driving proximity. All participants should expect a minimalist, low-impact approach to camping (i.e., no portable Coleman kitchens, no tablecloths, no portable screen shelters, bug



zappers, etc.). If there are people in your group with disabilities, let us know so that we can accommodate with the best campground to meet your group's needs.

Groups that choose indoor lodging will stay on AdventureServe property unless there are special circumstances. Groups will either stay in King or Turkington Hall. They are both dormitory style with a men's and women's shower and bathroom. Laundry facilities are available and limited linens and towels are provided.

King Hall has 3 large rooms (sleep 12 people each) and 2 small rooms (sleep 3 people each) able to hold 40 people. Located on the first floor of King Hall is also a kitchen and dining area with cooking supplies & dishware for 40 people. King Hall also has air conditioning and heat to accommodate all seasons.

Turkington Hall has 9 small rooms (sleeping 2 each) able to hold 18 people. There is a separate building where there is a kitchen and dining area with cooking supplies and dishware for well over 40 people.

Both dormitories have access to our beautiful 9-acre property, large tabernacle/auditorium that can be used for skits, games and worship meetings. An outdoor Pavilion for group gathering and worship times or a prayer chapel and indoor lounge space also for gathering purposes. You can also take advantage of our outdoor fire pit, large charcoal grill, and nearby playground and fields. Lastly, if the need arises there is access to internet and Wi-Fi located on certain parts of the property as well.

## Technology

Technologies like cell phones and iPods can be fun and beneficial. However, we strongly invite you to



consider limiting or prohibiting the group from using them during your AdventureServe Ministries experience. These technologies have a tendency of consuming time and attention, taking focus off of the physical here and now. This can be a challenge but also a wonderful opportunity to discuss the role these things play in their lives. Having said that, we recommend that you consider doing a "technology fast" in your group covenant. Though not mandated, prohibiting use of these devices can help foster a better experience.

We understand that the adult chaperones will probably keep cell phones on them for the trip. This is important in case of emergency and to smooth over possible logistical issues. We encourage them to keep use appropriate, especially if the group is not allowed to have cell phones. Our staff will do the same. Finally, in case of emergency, parents not on the trip **WILL** be able to get a hold of the group. If they are not able to reach you then they may call our office and we will get the message to the right person in a timely manner (800-884-8483).

## Special Activities

During your trip, there may be times to deviate from the schedule for a special activity. Often a group will finish up the day's activities an hour early so they can go hiking, swimming, sightseeing, etc. The availability of these activities is dependent on the schedule and location of your trip and is not necessarily an included activity.

## Swimming

AdventureServe Ministries is not able to lead your group in swimming unless we have a staff present who is lifeguard certified. Our staff members are not all trained lifeguards. Please note that if you would like to swim on your trip, **you, the group's leader, must read and sign the "Swimming Liability Release" form (It is in Packet 3, on the web, and your staff will also have a copy.** Only one form is needed. It is located in all these places for your convenience.), then each participant must sign it. Signing this releases all responsibility from AdventureServe Ministries while your group swims, and you, the leader, take this upon yourself. Note that the document urges you to, among other things, provide a lifeguard to be on duty while the group swims. If you hope to swim on your trip, it is recommended that you find a lifeguard from your church to be a chaperone on the trip who will be on duty while your group swims, and have them bring a copy of their certification along. If you choose to not do this and still wish to swim please read the Swimming Liability Release carefully before you sign it. We do not need the form prior to your trip.

## Camping Equipment

AdventureServe Ministries provides for all basic camping equipment needs including tents, tarps, propane stoves, lanterns and ice coolers. We do NOT provide personal items such as sleeping bags, ground pads, flashlights or camp chairs. (See Packet 3 for a packing list) Unless you have chosen and arranged for indoor lodging *expect to sleep in a tent, on the ground.* Our tents are relatively high quality dome tents that will sleep five youth or three to four adults per tent with personal gear. We will try to accommodate requests for married couples to have their own tent, but cannot guarantee such arrangements. Please do not bring portable cots or inflatable mattresses, as it is almost impossible to accommodate them due to their size—we suggest a ground pad for all campers.

No tent is absolutely, 100% waterproof. If we get a "gully washer" of a rainstorm, you and your gear may get wet. This is the exception, not the rule. Should your group or select members of your group experience such misfortune, we will assist in getting your gear dry the following day.



## Cooking Equipment

AdventureServe Ministries provides all necessary cookware and dinnerware for your experience including, but not limited to: pots, pans, knives, cutting boards, can openers, plates, bowls, cups, forks, spoons, etc. You will most likely NOT have all the modern conveniences of home, though you will have everything you need to make it through the week. You will be cooking in the outdoors...it will be rustic so no portable kitchens, tablecloths, refrigerators, etc. Your staff will instruct you on safe food handling practices and necessary sanitary procedures such as the ACA three-part dishwashing system.

## **Menu Schedule & Necessary Food**

AdventureServe Ministries provides a menu schedule and necessary food provisions beginning Monday breakfast and ending Saturday breakfast. Breakfast, lunch and dinner are provided each day in between. Groups must provide for their own dinner on Sunday evening PRIOR to meeting AdventureServe Ministries staff at the predetermined location. Should a group leader decide to eat out at any time, it is that group's choice and financial responsibility, not AdventureServe Ministries. Should you choose to exercise such an option, we would suggest limiting it to one time, preferably Friday evening/the day of your adventure activity. The basic menu structure is as follows:

- Breakfast:** Continental. Variations include cereal, oatmeal, bagels & cream cheese, fresh fruit, milk, juice, coffee and tea.
- Lunch:** Cold meals. Variations include cold cut sandwiches and wraps, tuna pitas, PB&J, fresh fruit, granola bars, chips or pretzels, and water.
- Dinner:** Hot meals. Variations include "Chili-Joes", taco salad, penne pasta, vegetables, flavored drink mix and water.

If you would like more detailed information, please check out the sample menu located at the end of this section. This sample menu is one we have used in the past. It may not be exactly the same as the menu for your group's experience, as we make minor menu changes every year based on feedback from staff and previous groups.

Overall, most folks like the food, while some don't. Cold lunches, admittedly, get old after a few days, but hot lunches (and breakfast for that matter) interfere too much with daily program activities. Trust us...we have tried! Further, for health purposes, we use ground turkey rather than ground beef and limit the amount of sugar. Should you have special dietary needs within your group (vegetarians, lactose intolerant, diabetic, etc.), simply inform us, and we will make any necessary accommodations.



Regarding food quantities, we pre-pack all non-perishable food for your group prior to your arrival. Staff will then purchase perishables on a regular basis throughout the week to ensure their freshness. Food quantities are based upon our estimates of the average group. With that said, a group of junior high girls eats much less than a group of high school boys. Some groups can't get enough milk, while others don't seem to care for it. Our staff will work with you throughout the week making necessary adjustments to meet your group's needs. They will depend upon YOU for daily feedback in this area.

## **Sample Menu**

The sample menu is on the following pages.

<p><b>Monday Breakfast: Continental</b></p> <p>Cereals &amp; Granola Milk &amp; Yogurt Oatmeal Fruit Orange Juice Coffee, Tea, Hot Chocolate</p> <p>Light stove and heat water for hot drinks and oatmeal. Use open boxes of Cereal first before opening more. Set food and dishes out on table in buffet style. If coffee is wanted, put 8 -10 cups of hot water in separate pot with a coffee filter packet and let sit covered.</p> <p><b>FOOD REQUIRED (for 20 people):</b> cereals, granola, 1 box instant oatmeal, 1 gal. milk, 1 tub yogurt, 6 bananas (or other fruit), 1 gal. orange juice, coffee, tea, 1 box instant hot chocolate packets, creamer, sugars.</p>	<p><b>Tuesday Breakfast: Continental</b></p> <p>Bagels &amp; Cream Cheese Cereals &amp; Granola Milk &amp; Yogurt Oatmeal Fruit Orange Juice Coffee, Tea, Hot Chocolate</p> <p>Light stove and heat water for hot drinks and oatmeal. Use open boxes of Cereal first before opening more. Set food and dishes out on table in buffet style. If coffee is wanted, put 8 -10 cups of hot water in separate pot with a coffee filter packet and let sit covered.</p> <p><b>FOOD REQUIRED (for 20 people):</b> 10 bagels, 1 tub cream cheese, cereals, granola, 1 box instant oatmeal, 1 gal. milk, 1 tub yogurt, 6 bananas (or other fruit), 1 gal. orange juice, coffee, tea, 1 box instant hot chocolate packets, creamer, sugars, margarine.</p>	<p><b>Wednesday Breakfast: Continental</b></p> <p>Cereals &amp; Granola Milk &amp; Yogurt Oatmeal Fruit Orange Juice Coffee, Tea, Hot Chocolate</p> <p>Light stove and heat water for hot drinks and oatmeal. Use open boxes of Cereal first before opening more. Set food and dishes out on table in buffet style. If coffee is wanted, put 8 -10 cups of hot water in separate pot with a coffee filter packet and let sit covered.</p> <p><b>FOOD REQUIRED (for 20 people):</b> cereals, granola, 1 box instant oatmeal, 1 gal. milk, 1 tub yogurt, 6 bananas (or other fruit), 1 gal. orange juice, coffee, tea, 1 box instant hot chocolate packets, creamer, sugars.</p>
<p><b>Monday Lunch: Picnic</b></p> <p>Turkey &amp; Cheese Peanut Butter &amp; Jelly Apples, Oranges Pretzels Bread, Water</p> <p>Pack one lunch cooler &amp; bin per lunch group. Put meat &amp; cheese in lunch cooler &amp; pack the rest of the food listed in the bin. In each bin include 2 knives for peanut butter &amp; jelly spreading &amp; 1 sharp knife for cutting the cheese. Don't forget to fill water bottles.</p> <p><b>FOOD REQUIRED (for 20 people):</b> 3 loaves bread, 2 lbs sliced turkey breast, 1 package block cheese, 1 jar peanut butter, 1 jar of jelly, 20 pieces of fruit, 1 bag pretzels, mayonnaise packets, mustard packets, water.</p>	<p><b>Tuesday Lunch: Picnic</b></p> <p>Tuna, Pitas Peanut Butter &amp; Jelly Apples, Oranges Regular Potato Chips Granola Bars Bread, Water</p> <p>Pack one lunch cooler &amp; bin per lunch group. In each bin include 2 knives for peanut butter &amp; jelly spreading. Also pack bowl, fork, &amp; can opener to mix tuna salad (drain tuna, mix together tuna, mayo, mustard, and relish). Don't forget to fill water bottles.</p> <p><b>FOOD REQUIRED (for 20 people):</b> 5 cans (12 oz each) tuna, 3 packages pita bread, 1 loaf bread, 1 jar peanut butter, 1 jar of jelly, 20 pieces of fruit, 2 bags regular potato chips, 2 boxes granola bars, mayonnaise packets, mustard packets, relish packets, water.</p>	<p><b>Wednesday Lunch: Picnic</b></p> <p>Ham &amp; Cheese Peanut Butter &amp; Jelly Apples, Oranges Fig Bars Baby Carrots Bread, Water</p> <p>Pack one lunch cooler &amp; bin per lunch group. Put meat &amp; cheese in lunch cooler &amp; pack the rest of the food listed in the bin. In each bin include 2 knives for peanut butter &amp; jelly spreading &amp; 1 sharp knife for cutting the cheese. Don't forget to fill water bottles.</p> <p><b>FOOD REQUIRED (for 20 people):</b> 3 loaves bread, 2 lbs sliced ham, 1 package block cheese, 1 jar peanut butter, 1 jar of jelly, 20 pieces of fruit, 2 packages fig bars, 2 bags baby carrots, mayonnaise packets, mustard packets, water.</p>
<p><b>Monday Dinner: Perfect Pasta</b></p> <p>Meat &amp; Pasta Sauce Penne Pasta French Bread Green Beans Parmesan Cheese Pineapple Drink Mix</p> <p>Boil pasta per directions on box, stir constantly. Drain <i>most</i> of the water out afterwards. Brown meat and mix in entire bag of spices. Add pasta sauce unless there are vegetarians in group. If so keep some sauce separate. Keep warm on low heat, stirring continuously. Cook beans on med-high heat in pot with water until tender. Mix drink mix with water according to instructions on package. Set dishes and food out on table in buffet style. Make sure wash bins are set up as well.</p> <p><b>FOOD REQUIRED (FOR 20 PEOPLE):</b> 5 lbs ground meat, 3 jars pasta sauce, 4 boxes pasta, 2 bags frozen green beans, 2 loaves french bread, 5 cans pineapple, 2 packets drink mix, parmesan cheese packets, margarine, salt &amp; pepper.</p>	<p><b>Tuesday Dinner: Jammin' Jambalaya</b></p> <p>Canned Cooked Chicken Breast Rice (non-Instant) Garlic, Celery, Onions, Bell Peppers Canned Tomatoes, Kidney Beans, &amp; Vegetable broth Cajun seasoning, salt, pepper (In bag) Hot Sauce Apples and Caramel Dip Drink Mix</p> <p>Dice garlic, celery, onions, &amp; bell peppers. Coat sauce pan with butter &amp; cook diced vegetables until slightly softened. Place cooked vegetables, kidney beans, tomatoes, vegetable broth, rice, &amp; seasonings into a large pot. Add canned chicken unless there are vegetarians in the group. If so keep some of the Jambalaya separate. Bring the pot to a boil and stir well, making sure nothing sticks to the bottom. Cover with lid, turn heat to low &amp; simmer for 30 minutes. Cut apples for dipping, &amp; mix drink mix according to package. Set dishes &amp; food out on table in buffet style. Make sure wash bins are set up as well.</p> <p><b>FOOD REQUIRED (FOR 20 PEOPLE):</b> 29oz chicken, 50oz rice, 3 cloves garlic, 2 celery packages, 2 onions, 2 bell peppers, 3 cans tomatoes, 3 cans kidney beans, 5 cans vegetable broth, 6 Tbs Cajun seasoning, 1 Tbs salt, 1 Tbs pepper. 1 bottle of hot sauce, 1 tub of caramel dip, 20 apples sliced, 2 packets drink mix</p>	<p><b>Wednesday Dinner: Chili-Joes</b></p> <p>Chili beans, tomato sauce, &amp; ground meat Hamburger Buns Hot Sauce Onion Carrot &amp; Celery Sticks Ranch Dressing (Dip) Oatmeal Cookies Drink Mix</p> <p>Brown meat. Add diced onion. Cook 2 min. In a large pot place chili seasoning, chili beans, &amp; tomato sauce. Add brown meat and onions unless there are vegetarians then keep some chili set aside. Warm on low heat, stirring continuously. Peel/wash carrots &amp; celery. Cut carrots &amp; celery into sticks. Pour ranch dressing into bowl. Mix drink mix with water according to instructions on package. Set dishes &amp; food out on table in buffet style. Make sure wash bins are set up as well.</p> <p><b>FOOD REQUIRED (FOR 20 PEOPLE):</b> 7 lbs ground meat, 6 cans chili beans, 4 cans tomato sauce, 1 onions, 7 packets chili seasoning, 2 dozen buns, 2 packages celery, 2 lbs carrots, 1 bottle ranch dressing, 2 packages oatmeal cookies, hot sauce packets, 2 packets drink mix, salt &amp; pepper.</p>

<p><b>Thursday Breakfast: Continental</b></p> <p>Bagels &amp; Cream Cheese Cereals &amp; Granola Milk &amp; Yogurt Oatmeal Fruit Orange Juice Coffee, Tea, Hot Chocolate</p> <p>Light stove and heat water for hot drinks and oatmeal. Use open boxes of Cereal first before opening more. Set food and dishes out on table in buffet style. If coffee is wanted, put 8 -10 cups of hot water in separate pot with a coffee filter packet and let sit covered.</p> <p><b>FOOD REQUIRED (for 20 people):</b> 10 bagels, 1 tub cream cheese, cereals, granola, 1 box instant oatmeal, 1 gal. milk, 1 tub yogurt, 6 bananas (or other fruit), 1 gal. orange juice, coffee, tea, 1 box instant hot chocolate packets, creamer, sugars, margarine.</p>	<p><b>Friday Breakfast: Continental</b></p> <p>Cereals &amp; Granola Milk &amp; Yogurt Oatmeal Fruit Orange Juice Coffee, Tea, Hot Chocolate</p> <p>Light stove and heat water for hot drinks and oatmeal. Use open boxes of Cereal first before opening more. Set food and dishes out on table in buffet style. If coffee is wanted, put 8 -10 cups of hot water in separate pot with a coffee filter packet and let sit covered.</p> <p><b>FOOD REQUIRED (for 20 people):</b> cereals, granola, 1 box instant oatmeal, 1 gal. milk, 1 tub yogurt, 6 bananas (or other fruit), 1 gal. orange juice, coffee, tea, 1 box instant hot chocolate packets, creamer, sugars.</p>	<p><b>Saturday Breakfast: Continental</b></p> <p>Muffins, Bagels &amp; Cream Cheese Cereals &amp; Granola Milk &amp; Yogurt Oatmeal Fruit Orange Juice Coffee, Tea, Hot Chocolate</p> <p>Light stove and heat water for hot drinks and oatmeal. Use open boxes of Cereal first before opening more. Set food and dishes out on table in buffet style. If coffee is wanted, put 8 -10 cups of hot water in separate pot with a coffee filter packet and let sit covered.</p> <p><b>FOOD REQUIRED (for 20 people):</b> muffins and bagels, 1 tub cream cheese, cereals, granola, 1 box instant oatmeal, 1 gal. milk, 1 tub yogurt, remaining fruit, 1 gal. orange juice, coffee, tea, 1 box instant hot chocolate packets, creamer, sugars, margarine.</p>
<p><b>Thursday Lunch: Picnic</b></p> <p>Turkey &amp; Shredded Cheese Tortillas Peanut Butter &amp; Jelly Apples &amp; Oranges Vanilla Wafers Bread, Water</p> <p>Pack one lunch cooler &amp; bin per lunch group. Put meat &amp; cheese in lunch cooler &amp; pack the rest of the food listed in the bin. In each bin include 2 knives for peanut butter &amp; jelly spreading &amp; 1 sharp knife for cutting the cheese. Don't forget to fill water bottles.</p> <p><b>FOOD REQUIRED (for 20 people):</b> 2 lbs. sliced turkey, 2 packages shredded cheese, 3 packages tortillas, peanut butter, 1 jar of jelly, 1 loaf bread, 20 pieces of fruit, 2 boxes vanilla wafers, mayonnaise packets, mustard packets, water.</p>	<p><b>Friday Lunch: Picnic</b></p> <p>Turkey/Ham &amp; Cheese Peanut Butter &amp; Jelly Apples &amp; Oranges Sandwich Cookies Pretzels Bread, Water</p> <p>Pack one lunch cooler &amp; bin per lunch group. Put meat &amp; cheese in lunch cooler &amp; pack the rest of the food listed in the bin. In each bin include 2 knives for peanut butter &amp; jelly spreading &amp; 1 sharp knife for cutting the cheese. Don't forget to fill water bottles.</p> <p><b>FOOD REQUIRED (FOR 20 PEOPLE):</b> 2 lbs sliced turkey and/or ham, 1 package block cheese, 1 jar peanut butter, 1 jar of jelly, 3 loaves bread (and/or leftover wraps &amp; pitas), 20 pieces of fruit, 1 bag pretzels, 2 packages cookies, mustard packets, mayonnaise packets, water.</p>	<h1>2016</h1>
<p><b>Thursday Dinner: Cherrific Chaco Salad Supreme</b></p> <p>Taco Meat &amp; Chips Refried Beans &amp; Black Beans Salad Fixings (Lettuce, Tomato, Bell Pepper) Sour Cream, Salsa, Shredded Cheese, Hot Sauce Canned Peaches Drink Mix</p> <p>Brown meat in skillet. Add taco seasoning. Shred lettuce and dice tomatoes and peppers and put into bowls. Heat black and refried beans separately over low heat stirring continuously. Set toppings out for individuals to make own salad. Mix drink mix with water according to instructions on packet. Set dishes and food out on table in buffet style. Make sure wash bins are set up as well.</p> <p><b>FOOD REQUIRED (FOR 20 PEOPLE):</b> 7 lbs ground meat, 3 bags taco chips, 7 taco seasoning packets, 2 heads lettuce, 5 tomatoes, 2 green bell peppers, 4 cans refried beans, 2 cans black beans, 1 tub sour cream, 1 jar salsa, 3 bags shredded cheese, hot sauce packets, 5 cans peaches, 2 packets drink mix, salt &amp; pepper.</p>	<p><b>Friday Supper: Campfire Classic</b></p> <p>Polish Sausages &amp; Jumbo Hot Dogs Corn Baked Beans Ripple Chips S'mores Drink Mix</p> <p>Heat corn in pot. Heat beans in pot. Pan-fry hot dogs &amp; sausages OR roast over fire if weather permits. Mix drink mix with water according to instructions on packet. Set dishes and food out on table in buffet style. Make sure wash bins are set up as well. After the meal, roast marshmallows over fire OR camp stove and sandwich with graham crackers and chocolate. Mmmmmmm.</p> <p><b>FOOD REQUIRED (FOR 20 PEOPLE):</b> 1 package polish sausages, 2 packages jumbo hot dogs, 3 dozen hotdog buns, 5 cans corn, 5 cans baked beans, 3 bags ripple chips, 1 box graham crackers, 1 bag marshmallows, 6 chocolate bars, 2 packets drink mix, ketchup packets, mustard packets, relish packets, salt &amp; pepper.</p>	<p><b>"CP Kentuck Press" Coffee : Instructions</b></p> <p>-Pour correct amount of water into pot according to pouch size (see ziplock bag it is in for serving sizes; if one pouch makes 8 cups of coffee, pour 8 cups of water into the pot; if you want 12 cups of coffee, you'll need 2 pouches and have to pour in 16 cups of water).</p> <p>-Boil pot of water, covered, on Turkey Fryer.</p> <p>-Turn off fryer.</p> <p>-When water stops boiling (there are no more big bubbles), gently place Coffee pouch in water (do not open the coffee pouch).</p> <p>-Let steep for 4 minutes.</p> <p>-Enjoy.</p>

## **Adventure Activity Options**

All AdventureServe Ministries programs incorporate a minimum of one day of wilderness adventure activities for all participants. Below are details about the different options your group can choose.

### Caving

This is a great option because the cooler temperatures offer some relief from the heat and humidity and this activity can be done rain or shine. Here are some quick facts:

- The ground is very slippery and rocky. Those with knee or back problems should consult a doctor before caving.
- Any clothes worn in will be very muddy and possibly ruined.
- Stable footwear is a must. Sandals will not be permitted.
- No one has to go through small holes or slide in mud but it is greatly encouraged.
- Wear warm clothes. 56 degrees gets cold pretty quick.
- Your group must provide individual flashlights and batteries for the experience.

### Rock Climbing & Rappelling

Climbing and rappelling is not only physically challenging but also mentally challenging as well. It is a great adventure in some of the world's most famous climbing areas. Here are some quick facts:

- The height of the climbs range from 25-70 feet.
- We can't climb in the rain. Back-up activities will be caving, hiking or initiatives.
- The height of the rappels range from 40-120 feet.
- We will not force people to climb or rappel though we will encourage them to try.



### White Water Rafting

White water rafting on the Cumberland River is all day rafting and fellowship. Between the rapids there is time for fellowship and fun in the water. Here are some quick facts:

- Class III rapids and an up-close look at Cumberland Falls from the river below
- An all-day event about 5-6 hours on the water
- Guided by independent rafting companies. This cost is in addition to your participant fee so you will pay them the day you raft.
- The accepted policy is "If you like the ride - tip your guide." Please consider this expense in your budget planning.
- Depending on your base camp there is a drive time of .5-2 hours each way.
- Website: <http://www.ky-rafting.com/short.htm#rainbow>

### Canoeing

This adventure activity, like white water rafting, does have its challenges and is a great day of fellowship on the river. There is less high action but the slower pace allows for more talking and better appreciation for Kentucky's beauty. Here are some quick facts:

- Canoeing is a great way for participants to learn to work together and get quality time together.
- Our staff are trained for canoeing and there will be at least one lifeguard on duty.
- The rivers we canoe are in Kentucky.

### Initiatives and Team Building Exercises

This activity is wonderful for groups who are really wanting to take their teamwork, communication, and leadership skills to the next level. Here are some quick facts:

- These are challenges that encourage group and leadership development.
- They are generally less physical than other activities but can be strenuous.
- Initiatives are already woven into all programs throughout the week. This day will go above and beyond these activities.

### Ropes Course

A ropes course is a great way to take the team building exercises to a new level by adding the adventurous aspect of the low and high course. Here are some facts:

- This is a full day and includes high and low ropes activities; participants are not required to participate in any activity if they are uncomfortable.
- Travel time is anywhere from 30 minutes – 2 hours depending upon your campground location.
- Requires an additional charge of approximately \$20.
- We use ropes courses at Asbury College in Wilmore and the Team Leadership Center in Monticello.
- Our groups in Central/Eastern Kentucky may choose to participate in a Via Ferrata course called Torrent Falls which is a ropes course on natural rock near the Red River Gorge.
- Call the Program Director if this sounds like a good option for your group (800-884-8483).

## Barriers to an Outstanding Experience

### 1. Unrealistic Expectations

The biggest disappointments leaders encounter on an AdventureServe Trip stem from unrealistic expectations. Reading and understanding all pre-trip packet material will help you begin to understand what to realistically expect from your trip. If you have any questions or concerns, please don't hesitate to call. We want to answer all of your questions and serve you in any way we can.

Another way to combat unrealistic expectations is to set goals for your trip with your leadership team. Once you have set your goals, revisit them and evaluate how realistic your goals are. For example, if your group is full of spiritually immature people, do not expect them all to have a radical, life-changing experience. Praise God if it does happen. However, it is more realistic, and maybe just as exciting, to see them take their faith to the next level, even if it is just a small step forward.

### 2. Chaperone Troubles

Chaperones can make or break your trip. Chaperone troubles can be broken into three sub-categories.

- A. Problems Recruiting Chaperones—** Although some leaders are blessed with many adult volunteers to choose from, this is the exception and not the rule. Most leaders struggle to find enough adult volunteers. If you have difficulty finding chaperones of the needed gender contact our office. We may be able to make staffing arrangements to meet your needs.
- B. Unprepared Chaperones—** Make sure your adult chaperones understand what they should expect, and what their roles and responsibilities involve. We have provided information and meeting outlines in Packet One to help prepare your chaperon team. If you end up having chaperones come along last minute, make sure they at least understand AdventureServe's leadership philosophy and know they will be sleeping in a tent if you chose outdoor lodging.
- C. Negative Attitudes—** A chaperone's attitude can significantly affect the outcome of your trip. If you have chaperones that complain, undermine yours or the ASM staff's authority, take control or verbally lash out at participants or staff, your entire group will most likely have a bad experience. Please be aware of this and caution your chaperones against these things (especially complaining) before you arrive. If you notice any of it happening while you are on the trip, it is your job to pull the chaperone aside and address the issue as soon as possible. The longer you put off the confrontation, the greater the chance that your group will have a poor experience.

### 3. Lack of Communication

Good communication is key to having a great trip experience. Prior to your trip, it is important to communicate with everyone involved. Packet one will help you know what and how to communicate.

Prior to your trip it is also imperative that you communicate with AdventureServe Ministries. Before your trip ASM managers will call you several times to discuss the details of your trip and collect important information. Please return our phone calls/emails and make your payments on schedule. We desire to be on the same page with you prior to your arrival to make your experience the best we possibly can. Also, feel free to contact us at any time with any questions or concerns you may have.

### 4. Misunderstandings with your AdventureServe Ministries staff

You will have a minimum of two trained AdventureServe staff members who will meet you at your assigned campground and guide your group through the trip. It is imperative that you communicate well with your staff members. It is their goal to unite with you and your leadership team to serve your group to the best of their ability. They will sit down with your leadership team daily to see if there are ways that they can serve your group better. Please be open and honest with them, and let them know if you have problems or concerns as soon as possible. Most major and minor grievances can be avoided or at least resolved quickly by timely and open communication. If a major staffing issue arises, the trip director will mediate the situation and make staffing changes as necessary.



## Home Repair Trip Experience Details

### Program History

The Home Repair Program has been a part of AdventureServe since its founding in 1980. It is specifically designed to meet the following primary objectives:

- Service to the Appalachian Region

- Leadership Development of Participants (specifically youth)

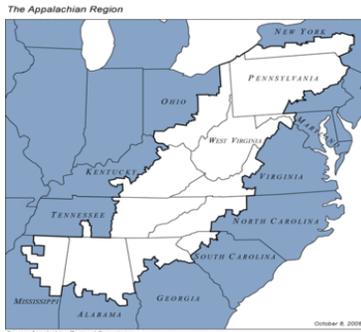
While these are still the program's primary objectives today the methods we use, have changed and adapted to what our community of home owners need and facilitation techniques that spur leadership development.



## Specific Home Repair Information

### Service to the Appalachian Region

At the heart of the Home Repair mission is service to the part of the Appalachian region. We focus on meeting the basic housing needs of the elderly, widows, handicapped/disabled, single parents, and low-income families. In meeting these needs, it's our desire to develop relationships with the homeowner(s) and share the reason for our service, Christ. We feel this is the way Christ served—providing for physical needs as well as the deeper relational and spiritual needs.



The Appalachian community extends from southern New York to Mississippi, Alabama, and Georgia. It's a region that experiences a higher rate of poverty than most of the country. In fact, most of the counties AdventureServe Ministries serves are "economically depressed," meaning they're in the lowest 10% in the nation.

Many factors contribute to this fact. For example, the area hasn't attracted as many jobs as other areas of the nation. The jobs that were available in the past 50 years were mostly in coal, logging, agriculture, chemical industries (like rubber and plastic), and heavy industry. (See Appalachian Regional Commission [www.arc.gov](http://www.arc.gov)) As our nation changes there isn't as much demand for many of these jobs. Like other regions experiencing poverty, Appalachia also has a host of other challenges. The average education level is lower than the national average, there are many health needs for people of all ages, and there is a high rate of use of illegal drugs.

There is much we can learn from the people in this region. Family tends to be highly valued among those living in Appalachia. Many people we work with have several generations living under one roof or have family in the same small town. While on your trip, be challenged to learn from those you serve. They have much to offer if you are open to receive.

Meeting the unique needs of Appalachia can happen several ways. One way is on the national level. Another way involves empowering local communities. AdventureServe Ministries connects with many organizations in the communities we serve in order to help at this level. A third way involves meeting the basic needs of individuals. This is where your group enters the picture. As mentioned above, our focus is to show the love of Christ to people in Appalachia who have a hard time finding the resources to meet basic housing needs.

### Serving God

While much of the focus of the week is the home repair project(s), AdventureServe Ministries desires for groups to see a grander picture of their service. They are serving God, not just a family. They are working on a family's home, not a project. They are helping a family in need, not "poor people" or "those less fortunate." Such distinctions, though they may seem harmless, can have a dramatic effect on the outcome of your experience. It's tough to develop a sincere relationship with an individual or a

family when, subconsciously, you look down on them, their lifestyle, and priorities. Granted, you may not understand the culture or some of the lifestyle choices an individual or family has made, however, if you will engage poverty; if you will develop sincere relationships; if you will hold back on judging the culture; if your service is truly from and for God and not of selfish ambition, you just might receive a blessing!

This philosophy, along with the Leadership Development objective you'll soon read about, leads us to work at homes for multiple weeks when possible and to take on projects in multiple phases (i.e. we don't build a house in a week).

## Worksite Leadership

Each work crew (6 to 12 participants) will need at least one adult chaperone from your group who will serve as the worksite leader. They will transport the group to and from the site, oversee the safety of the group and supervise the work project itself. This person should feel comfortable with leading the chosen level of worksite. They will be provided with basic construction plans for their specific project as well as a basic repair manual for reference purposes.



Constant referral to the manual by the participants is ideal.

If you are bringing a construction specialist with you, you must prepare them for the frustrations of working on imperfect structures with imperfect helpers. We often see skilled chaperones slipping into professional mode and taking total control of the worksite, leaving the participants in the role of helper rather than letting them take an active role in decisions and projects. We need empowerment from the leaders not dictatorship. The more you can encourage your leaders to be enablers, the more your participants will gain from the experience.

*AdventureServe Ministries staff will be on site at most times, but do not have master carpentry knowledge.* The role of ASM staff on the worksite is to provide guidance, safety, materials, and logistics. They will also work alongside your group, encouraging them and communicating with the homeowner on the work to be completed. In some cases, ASM staff will manage logistics for multiple worksites. In this case they will typically spend the morning at one worksite and the afternoon at another. Worksite leaders (your chaperones) must be prepared for this.

Though ASM staff members are First Aid and AdventureServe Ministries certified, AdventureServe Ministries strongly recommends—though does not mandate—that a minimum of one additional individual with comparable certifications is present at each worksite (adult or student). *AdventureServe Ministries staff may not be available at the worksite at all times.* ASM will supply each worksite with a first aid kit.

## Specific Worksite Assignments

You will receive your specific worksite assignments and pertinent information in a mailing two weeks prior to your trip. This mailing will include a worksite briefing, outline, blueprint, and a site-specific tools list for each of your worksites. It is your responsibility to get this information into the hands of your worksite supervisors.

## Construction Standards



While AdventureServe Ministries seeks to empower incoming participants and give project ownership to the group, we believe that specific construction standards must be met to be good stewards of the money and materials that have been placed in our trust. Furthermore, recognizing that the quality of the labor of our hands reflects upon the Body of Christ, all projects completed under the name of AdventureServe Ministries should meet or exceed the following four requirements:

### ***Useful Life***

All structures built or repaired must have a minimum useful life of *five years*. Purely cosmetic projects and projects that mask the underlying problem should be avoided if at all possible (i.e. painting over rotten wood, etc.)

### ***Simplicity of Design***

All structures built or repaired shall be designed in a *safe, simple, and cost effective* manner.

### ***Structural Integrity***

All structures built or repaired should conform to accepted load span standards. Load bearing beams and supports must be fastened with lag or through bolts, not nails.

### ***Quality of Craftsmanship***

All structures built or repaired should be square, level, plumb, leak free, and free from “material” defects. Note that “immaterial” defects may occur as a result of inexperienced leadership over the project. The question “What is material?” may be answered with the question “Would you be happy with the repair if it was on your own home?” Necessary materials should be obtained to fix “material” errors.

## Necessary Tools

You will be responsible for bringing the necessary tools to complete your work project(s). We have provided two different resources to assist you in planning for your tool needs. First, is a general tool list. You will not necessarily use all of these tools but by bringing all tools on the list you will prepare your group for any unforeseen changes in the worksite. If a tool isn’t on the list and you feel it will be helpful,

we encourage you to bring it. **The general tool list are tools you are required to bring for each work site regardless of the project assignment(s).**

Secondly, a site-specific tool list is provided for you to plan your tool needs once you have been given your specific project assignment(s). If your group has several similar projects (i.e. one team is building a porch and another a wheel chair ramp) your group will need many saws and post hole diggers. Work teams will typically *not* be able to share tools. Two weeks prior to your trip you will be provided with your specific project(s) information which will allow you to reference this list for more specific tool needs. This list is to be used in addition to the general tool list, not *instead of*. You are still responsible for bringing everything on the general tool list.

Used in conjunction, you should be adequately prepared for assigned mission project(s) or any last minute project changes due to weather. Both tool lists can be found at the rear of this section. If you have tool questions or transportation issues, contact the Program Director.

Make sure to label your tools with the church and owner's name. This is useful in sorting the tools at the end of the week and should a tool be left behind in AdventureServe Ministries' possession we know who to return it to.

If your group is able to donate any tools or supplies it will help AdventureServe Ministries to better meet the needs of future groups and the families we serve.



## Worksites

Selecting the appropriate quantities and difficulty levels of worksites for your Home Repair Mission Trip is critical! A poor decision in this arena can significantly affect the outcome of your experience. Consider the following misjudgments and potential results:

Misjudgment	Potential Result
I'm not a construction expert and neither are my chaperones. We better stick to level one painting projects.	Groups are not challenged and may feel they are doing surface level work. For example, painting a home that needs a roof. Participants lose motivation quickly.
My participants are young, have very little construction experience, and are not capable of anything but low-level projects.	Repairs are completed early with the materials budget fully exhausted. Participants asking, "Why did we travel this far from home?"
Though I have 15 participants, I only have one chaperone with construction experience. I'll just sign up for one worksite.	Participants lose motivation due to lack of work to be completed. Standing around, uninvolved, they become frustrated.

<p>Joe chaperone says he's handyman extraordinaire...we can do anything!</p>	<p>It turns out that Joe exaggerated a bit and isn't so "extraordinaire." Participants lose motivation on the worksite when faced with difficulties and challenges they are not capable of overcoming due to lack of adult leadership. Frustrations mount quickly! The project is left unfinished at the end of the week.</p>
<p>I'm bringing 30 participants and 4 chaperones. I need 4 worksites...that could be a lot of money! We'll just have to make them all low level worksites.</p>	<p>The groups is actually quite capable and are not challenged by the project. "We could be doing so much more," they might say. Repairs are completed early with the materials budget fully exhausted. Participants asking, "Why did we travel this far from home?" Participants loose motivation quickly.</p>

### Choosing the Right Worksites

Choosing the right worksites is a delicate matter. It will obviously be directly affected by the age, maturity level, and construction experience of your group. Also of great concern should be the experience and confidence of your adult chaperones to assume the role of project leader. Only you, the group leader, are qualified make these decisions. That said, the most common misjudgment is underestimating the capabilities of your participants.

Though you were asked to make worksite quantity and level decisions in the AdventureServe Ministries application process we understand that it may be necessary for you to change your selections based upon availability and experience of chaperones and number of participants. You are free to make changes to your worksite selections until May 1<sup>st</sup>. Please contact the Program Director or Home Repair Director if you need to make such changes or if you are having difficulty determining appropriate worksite level.

Project Level	Description	Worksite Fee
1	<p>Projects include interior/exterior painting, yard work, and minor wood replacement.</p> <p><i>Recommended chaperone experience:</i> None. Pair up (if possible) chaperones that are apprehensive of site leadership.</p>	300
2	<p>Projects include light repair, small porches/wheelchair ramps. Small roofs, drywall, and underpinning.</p> <p><i>Recommended chaperone experience:</i> Basic to competent carpentry experience (not necessarily professional). Can follow a basic construction plan, referencing a manual if necessary.</p>	600

3	<p>For groups eager to rise to the challenge! Chaperones should be able to follow a provided construction plan and guide the group through the project. These projects are not necessarily more difficult...just bigger. Projects include larger roofs, wheelchair ramps and porches with roofs.</p> <p><i>Recommended chaperone experience:</i> Competent to advanced carpentry experience (not necessarily professional). Can work through technical problems with the assistance of a manual.</p>	800
4	<p>For groups eager and able to complete a large amount of work in a short time. These are custom designed projects requiring a custom level of funding. You will work closely with the Home Repair Director to define the project and budget needs.</p> <p><i>Required chaperone experience:</i> Current construction professional or individual with advanced knowledge/experience. This individual is not charged a participant fee by (provided the minimum group size is met).</p>	1000+

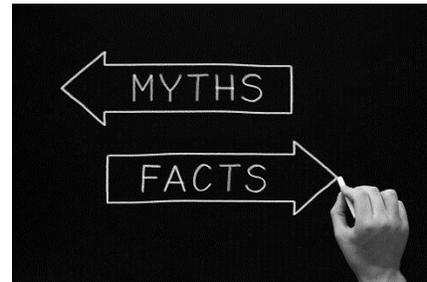


## The Home Repair Mission: Common Misconceptions

**Misconception:** The Home Repair Mission is about the trip.

**Truth:** The trip is about long-term results.

The Home Repair Mission is not about the trip or the activities you will do. The mission is ultimately about the long-term residual effects and growth of the group. While the Home Repair Mission can be an amazing and powerful experience, if you do not follow up and apply lessons and concepts when you return home, it will just be a trip. Our desire is for it to be a springboard for your ministry. To help, we have provided some suggestions on how to follow up after you return home. See Appendix A for "Taking the Experience Home." *We cannot tell you enough how important post-trip follow up is to your group's growth.* It will greatly increase the long-term value of the trip.



**Misconception:** AdventureServe Ministries Staff are construction experts.

**Truth:** Staff have basic construction understanding, but are not experts.

You will be provided with a minimum of two Home Repair Trip Leaders that will guide you through the week. They will be with you throughout your entire experience, integrating themselves as part of your group and leadership team. These staff are Christian, college-aged individuals that have committed their summer to serving God in Kentucky/Northern Tennessee. They are passionate, committed young people with varying construction experience. They most certainly **ARE NOT construction experts**. Each staff member completes a basic home repair training course and has a basic understanding of tools, construction and home repair. They cannot replace the need for you to provide a qualified supervisor for each of your worksites. This does not need to be a construction professional but it should be someone who is comfortable with leading the given project.

**Misconception:** My Group will be blown away by the poverty!

**Truth:** Every AdventureServe Ministries project is important, but there is a wide range of need.

This misconception may or may not be true of your group. While many individuals do not have running water or electricity, you must understand that you will NOT encounter third world poverty. Some of the families we serve are extremely poor and have a tremendous amount of physical need. Others are elderly, on fixed incomes, and are simply unable physically and financially to attend to basic home repairs. Please understand that both of these situations, and everything in between, have importance. We screen every family that applies for help and they are selected based upon their need. You can be assured that every project that AdventureServe Ministries selects is important, but please don't tell your group specifics about the jobsite until you know what they will be doing. (Two weeks prior)

**Misconception:** Since the projects are planned and organized ahead of time, we will not encounter any complications on the worksite.

**Truth:** Unforeseen obstacles can arise.

While AdventureServe Ministries seeks to be professional and organized when it comes to planning your work projects, we ask that you be somewhat understanding and flexible if complications occur. Our work site development staff setup and design projects to the best of their ability. We do our best to anticipate complications, problems, roadblocks, etc. However, as any construction professional could tell you, unforeseen obstacles can arise in any project. Such complications might call for a change in plans, the need for additional building materials, etc. Our staff will work closely with your site leadership team, the participants, and if need be, AdventureServe Ministries site development staff to overcome any obstacles you may encounter.



**Misconceptions:** My worksite fee of \$600 will purchase \$1000 of materials for my group.

**Truth:** 100% of the cost for materials comes from groups like yours.

The funds your group raises for your worksite(s) go 100% toward AdventureServe Ministries' annual worksite budget. The money is not used for any other purpose; likewise, no other money is designated to pay for worksite materials. Each year, we must balance every penny spent on worksites. This means that if you choose a level two worksite, we have classified that project to be of level two difficulty and/or requiring level two funding. As such, you will be provided with the material to complete that project. However in some cases a group's abilities are underestimated and they finish early. At this point, your group can decide to take on other projects at the worksite(s) and make an additional worksite donation or transfer to another project in the area that may need to be finished from a previous group. This is NOT a regular occurrence for AdventureServe Ministries! Properly matching your groups experience with the right worksite level will keep this from occurring.

**Misconception:** The unused portion of my worksite fee will be returned to me.

**Truth:** Unused portions will go to projects this year.

Projects very rarely cost exactly what your group provides. In most cases they cost more than the worksite fee that your group paid but understand that some cost a little less. It can often depend on something as little as the fluctuation in lumber cost. This forces us as an organization to constantly "rob Peter to pay Paul." Because of this we do not refund any portion of your worksite fee. In the event of a budget surplus from your group worksite fee(s), the balance will be applied toward offsetting the cost of other worksites that ran over-budget. This prevents us from asking you for an additional \$50-\$100 to balance your worksite budget. Again, each year we balance this budget to the penny so your funds are going to projects for this year.

**Misconception:** My group will have plenty of free time to relax during the trip.

**Truth:** AdventureServe Ministries schedule is busy.

The AdventureServe Ministries' schedule is tight! The days are long and free time is limited. We do not have scheduled free time set aside. Generally before and after dinner there is about an hour (except for cook and worship teams). The best suggestion is to prepare your group for this trip as a mission's trip and not a summer camp. If they believe they are going on a service trip and not a summer camp, the lack of free time tends not to be as difficult.

**Misconception:** A mission trip is not successful unless people get "saved."

**Truth:** God will be at work but this is not specifically an evangelistic trip.

No matter what your denominational buzzword is for people understanding the teachings of the Bible and seeking to change their lifestyle, it is unrealistic to base the success of your trip on the number of people who "convert". In the past, God has used the Home Repair Program as a catalyst to draw your group served into a Christian relationship with God. Praise God for that but understand that the Home Repair Mission is not necessarily an evangelistic trip. We do encourage groups to share their faith, testimonies, and the reason for their service.



Further, we know that God is at work during your week. Sometimes we cannot see God's work as clearly as we want, but you can trust that God is using the week for significant Kingdom work.

## General Tool List

### Required Per Person

- Safety goggles
- Work gloves
- Hammer (no small tack hammers)
- Canteen or water bottle
- Carpenter's Pencil

### Required Per Church Group

- Sledge hammer
- Rakes (2)
- Tin snips
- Pliers

### Optional Per Church Group

- Wheelbarrow
- Tree saw
- Flat head shovel
- Swing blade

-Make sure tools are sharp, labeled, in good condition, and come with chargers.



-Storing and transporting tools is best accomplished in a trailer or pickup. If you can bring either, please do.

**-Please note: the list to the right is per work team. Your group likely has more than one work team and therefore needs multiples of each item.**

### Required Per Work Team (Site)

- Paint brushes (6 or more)
- Paint roller and tray (3 sets)
- Paint scrapers (3)
- Drop cloths
- Rags (clean - a bunch)
- Caulking guns (2)
- Wire brushes
- Putty knives (disposable) (2)
- 4 to 6 inch putty knife (3)
- Screwdrivers
- Utility knives (2)
- Tape measures (2)
- Crowbar (2)
- Square
- Level (carpenters)
- Chalk line
- Staple gun (w/staples)
- Carpenter's pencils
- Digging shovel
- Socket set
- Hacksaw
- Hand saw
- Circular saw with extra blade
- Sawzall (reciprocating saw)
- Electric drill with bits
- Extension cord (50 ft minimum)
- Extension ladder
- 5 foot step ladder
- Broom
- Dustpan
- Cell Phone (1 per site)
- Post Hole Diggers

## Site Specific Tool List

### Yard Work / Gardening

Spade Shovels  
Flat Head Shovels  
Tree Saw  
Pruning Sheers  
Metal Rakes  
Broom Rakes  
Utility Knives / Blades  
Broom / Dustpan  
Pick Axe / Railroad Bar  
Sledge Hammer?  
Chain Saw (Gas, Oil, Chains, Etc.)?  
Hedge Trimmer?  
Wheelbarrow?  
Weed Eater & Gas?  
Swing Blades?  
Safety Goggles / Work Gloves

### Weatherization

Utility Knives / Blades  
Caulking Guns  
Putty Knives  
Broom / Dustpan  
Step Ladder  
Wood Chisel  
Safety Goggles / Work Gloves

### Insulation Work

Utility Knives / Blades  
Tape Measures  
Carpenters Pencils  
Staple Guns / Staples  
Step Ladder  
Hammers  
Wire Cutters  
Pliers  
Disposable Putty Knives  
Dust Masks  
Safety Goggles / Work Gloves

### Painting ("E" Denotes Exterior)

(E) Hammers  
(E) Tape Measures  
(E) Carpenters Pencils  
(E) Circular Saw (Wood Blades)  
(E) Hand Saw

(E) Extension Cords  
(E) Chalk Line  
(E) Extension Ladders  
(E) Wire Brushes  
Paint Brushes  
Paint Rollers  
Paint Trays  
Paint Poles  
Step Ladders  
Drop Cloths  
Paint Scrapers  
Putty Knives  
Rags  
Caulking Gun  
Screwdrivers  
Dust Masks  
Work Lights?  
Safety Goggles / Work Gloves

### Underpinning

Hammers  
Tape Measures  
Carpenters Pencils  
Tin Snips  
Framing Square  
Circular Saw (Wood Blades)  
Drill / Bits (up to 5/8")  
Extension Cords  
Hack Saw (Extra Blades)  
Rivet Gun / Rivets  
Chalk Line  
Line Level  
Carpenters Level  
Spade Shovels  
Pick Axe / Railroad Bar  
Safety Goggles / Work Gloves

### Roofing

Hammers  
Cordless Screw Guns & Bits (Metal Roofing)  
Nail Pullers  
Tape Measures  
Framing Square  
Carpenters Pencils  
Circular Saw (Wood & Masonry Blades)  
Hand Saw  
Sawzall

Extension Cords  
Extension Ladders  
Chalk Lines  
Flat Shovels / Shingle Shovels  
Staple Guns / Staples  
Utility Knives / Blades  
Linoleum Knife  
Disposable Putty Knives  
Tin Snips  
Crow Bars  
Flat Pry Bars  
Broom  
Nail Pouches  
Rags  
Wheelbarrow?  
Safety Goggles / Work Gloves

#### **Porch Construction**

Hammers  
Tape Measures  
Carpenters Pencils  
Circular Saw (Wood Blades)  
Sawzall  
Extension Cords  
Hand Saw  
Drill / Bits  
Step Ladder  
Extension Ladder (Porch with Roof)  
Spade Shovels  
Post Hole Diggers  
Pick Axe / Railroad Bar  
Chalk Line  
Line Level  
Carpenters Level  
Framing Square / Speed Square  
Sledge Hammer?  
Socket Set  
Wood Chisel  
Crow Bar  
Tin Snips  
Nail Pouches  
Safety Goggles / Work Gloves

#### **Outhouse Construction**

Hammers  
Tape Measures

Carpenters Pencils  
Circular Saw (Wood Blades)  
Hand Saw  
Staple Guns / Staples  
Drill / Bits  
Screwdrivers  
Extension Cords  
Carpenters Level  
Framing Square / Speed Square  
Spade Shovels  
Pick Axe / Railroad Bar  
Wood Chisel  
Sledge Hammer?  
Nail Pouches  
Step Ladder  
Safety Goggles / Work Gloves

#### **Wheelchair Ramp Construction**

Hammers  
Tape Measures  
Carpenters Pencils  
Circular Saw (Wood Blades)  
Hand Saw  
Extension Cords  
Drill / Bits  
Spade Shovels  
Post Hole Diggers (several!)  
Pick Axe / Railroad Bar  
Sledge Hammer?  
Carpenters Level (posts levels are great too!)  
Framing Square / Speed Square  
Chalk Line  
Socket Set  
Nail Pouches  
Safety Goggles / Work Gloves

#### **Basic Framing**

Hammers  
Tape Measures  
Carpenters Pencils  
Circular Saw (Wood Blades)  
Hand Saw  
Framing Square / Speed Square  
Chalk Line  
String  
Line Level

Carpenters Level

Nail Pouches

Step Ladder

Extension Cords

Safety Goggles / Work Gloves

### Floor Repair

Hammers

Tape Measures

Carpenters Pencils

Circular Saw (Wood Blades)

Carpenters Level

Sawzall

Extension Cords

Hand Saw

Chalk Line

Caulking Gun

Nail Pouches

Linoleum Knife

Utility Knives / Blades

Wood Chisel

Broom / Dustpan

Flooring Trowel

Safety Goggles / Work Gloves

### Drywall

Hammers

Screw Guns / Bits (Preferably Cordless)

Extension Cords

Tape Measures

Carpenters Pencils

Utility Knives / Blades

Drywall Square

Framing Square / Speed Square

Drywall Trowels

Tape Trowel

Inside / Outside Corner Trowel

Mud Trays

Putty Knives

Drywall Saw

Drywall Sanding Blocks

Extension Pole

Step Ladders

Caulking Gun

Nail Pouches

Chalk Line

Dust Masks

Safety Goggles / Work Gloves

### Vinyl Siding

Hammers

Tape Measures

Carpenters Pencils

Framing Square / Speed Square

Tin Snips

Aviation Shears

Chalk Line

Step Ladder

Extension Ladder

Scaffolding?

Nail Pouches

Safety Goggles / Work Gloves

### French Drains

Spade Shovels

Flat Head Shovels

Pick Axe / Railroad Bar

Sledge Hammer

Metal Rakes

Utility Knives / Blades

Tin Snips

Hack Saw (Extra Blades)

Wheelbarrow

Sawzall

Extension Cords

Hand Saw

Drill / Bits

Step Ladder

Extension Ladder

Chalk Line

Carpenters Level

Framing Square / Speed Square

Crow Bar

Wood Chisel

Socket Set

Safety Goggles / Work Gloves

### Masonry

Hammers

Tape Measures

Carpenters Pencils

Masonry Trowels (Brick, Finishing, Etc.)

Spade Shovel

Flat Head Shovels  
Pick Axe / Railroad Bar  
Carpenters Level  
String

Line Level  
Concrete / Mortar Mixing Tub  
Safety Goggles / Work Gloves

Let's face it, there is nothing like having the right tool for the job! On the other hand, frustrations mount quickly when you find yourself not having the proper tools to complete a project. We have done our best to prepare you for the projects listed above and encourage you to think through your project from start to finish before dropping tools from the supplied lists. Should you feel additional tools may be required for a specific project, please feel free to include them. There are hardware stores conveniently located in every county we service should you need to purchase that "key" tool you may have left behind.

## Home Repair Packing List

- T-shirts (immodest clothing or inappropriate graphics is not appropriate).
- Shorts (no short-shorts).
- Sweater/ jacket for cool evenings.
- Old, warm clothes for caving and old shoes (both may get ruined and very muddy). Bring these even if you are not planning to cave.
- Socks, underwear (enough for the entire week).
- Modest swimsuit (swimming may or may not be available).
- Footwear is required for swimming (unless in a pool). Flip-flops are not enough. Use sandals with a heel strap or old sneakers.
- At least 1 pair of thick soled shoes or work boots (broken in)
- Shoes and/or Sandals for around camp
- Raingear: poncho or jacket (plan for rain).
- Personal toiletries (toothbrush, soap, shampoo, deodorant, etc.) (Shampoo and soap must say biodegradable on the bottle.)
- Flashlight or headlamp with 2 sets of batteries.
- Water bottle (at least 2 liters total).
- Bug spray & sunscreen.
- Sleeping bag & pillow, ground pad (air mattresses are not ideal - too big)
- Bible, notebook and pen (in a Ziploc bag)
- Safety goggles and work gloves
- Hammer
- Any necessary medications (with a MD's note).
- Clothes for the entire week



### **DON'T BRING:**

- Valuables (your gear will be stored in tents or vehicles).
- Laptops, tablets, cell phones, watches, etc. (as discussed with your group leader.)
- Your favorite clothing (They will get dirty, torn, and most likely ruined!)
- Animals/Pets.
- Alcohol/drugs, firearms, pocketknives with a blade over 3 inches long.

**\*Community gear is provided by AdventureServe like tents, cooking equipment, general camping gear, food, etc.**

### **Be Responsible!**

\* At AdventureServe, you will be responsible for keeping track of your own stuff. AdventureServe Ministries is not responsible for any lost, damaged, or stolen items.  
\* Any personal gear/equipment requiring special knowledge for use must be stored away from other participants.